

Comfort and Overcoming Anxiety

Comfort

1. What does the Bible say that the Lord is to the Christian? **Psalm 23:1** _____

2. What does the Lord promise in this verse? **Psalm 23:1** The LORD is my shepherd; I shall not want. _____

3. What are a shepherd's duties to his sheep?
 - A. _____
 - B. _____
 - C. _____
4. What kind of shepherd is Jesus and what did he do for us? **John 10:14-15** _____

5. What are we instructed in the Bible not to do? **Matthew 6:25** _____
6. Why do we do it then?
 - A. _____
 - B. _____
 - C. _____
 - D. _____
7. How does God put worrying in perspective for us? **Matthew 6:25-26** _____

8. What does the Bible state in this verse about worrying and why? **Matthew 6:34** _____

9. What can anxiety or stress do to us?
 - A. **Proverbs 12:25** _____
 - B. **Proverbs 17:22** _____

10. How are we to deal with anxiety? **Philippians 4:6** _____
11. What else are we supposed to do? **Proverbs 3:5** _____
12. If we can do these things, what can it yield in a Christian's life? **Philippians 4:7** _____
13. How does God refer to us Christians? **2 Corinthians 6:17-18** _____
14. Who does the Lord have pity on? **Psalms 103:13** _____
15. Why does God have pity on us at all? **Psalms 103:14** _____

16. What other insignificant way does the Bible state about our life? **James 4:14** _____

17. How well does God know us? **Psalms 139:1-3** _____
18. What can be a temptation that we must be careful of when we see the wicked prosper? **Psalms 73:3** _____

19. Why could that be a dangerous trap to fall in?
A. _____
B. _____
20. What is the end result if we remain faithful? **Psalms 73:23-24** _____
21. What other encouraging news does the scriptures tell us? **Romans 8:18** _____

22. What does God promise about his grace in the following scriptures? **2nd Corinthians 12:7-9** _____

23. What do you think the scriptures mean that God's strength is made perfect in our weakness? **2nd Corinthians 12:9** _____

24. What does the Lord tell you to do with your anxiety? **1st Peter 5:7** _____

25. Who is the source of all comfort and what does it enable us to do? **2nd Corinthians 1:3-4** _____

Overcoming

26. What overcomes the world? **1st John 5:4** _____

27. In whose victory may the Christian ever rejoice and take courage? **John 16:33** _____

28. What Christian characteristic must one possess to have victory in overcoming? **1st John 5:4** _____

29. What must one believe in to overcome? **1st John 5:5** _____

30. Through whom do we obtain the victory? **1st Corinthians 15:57** _____

31. What does the Bible call the faithful Christians? **Romans 8: 37** _____

32. How did Christ overcome when tempted? **Matthew 4: 1-11** _____

33. What does the Bible tell us the Word of God is? **Ephesians 6:17** _____

34. How do the Scriptures say the saints overcame the enemy? **Revelation 12:11** _____

35. What does the apostle Paul tell us to overcome evil? **Romans 12:21** _____

36. What are promises that are given to us that overcomes?

A. **Revelation 2:7** _____

B. **Revelation 2:11** _____

C. **Revelation 3:5** _____

D. **Revelation 21:7** _____

37. What promises does God make us in these scriptures? **Isaiah 41:13** For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.

- A. _____
- B. _____
- C. _____

38. How do we get our strength renewed by the Lord? **Isaiah 40:31** _____

39. What does **1st John 4:4** tell us? _____

40. How many things can we do through Christ? **Philippians 4:13** _____

41. What is something encouraging about our trials if we love God? **Romans 8:28** _____

42. What condition does God tell us that must be met to get good things from him? **Psalms 84:11** _____

43. What does God promise us if we delight ourselves in him? **Psalms 37:4** _____

44. Will the Lord ever leave us in a time of need? **Joshua 1:9** _____

45. What things can you do or think of to encourage someone that is down and out?

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____
- F. _____
- G. _____
- H. _____
- I. _____
- J. _____
- K. _____
- L. _____
- M. _____
- N. _____
- O. _____